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The roads getting overhauled  **metroNEWS**

Rediscovering Prince in 'Peg

POP CULTURE

Libraries and stores trying to keep up with local demand



The death of one of the world's most iconic musicians has seen a spike in local demand for his albums.

Since Prince's death last week, the Winnipeg Public Library's virtual line for his albums has grown, says the collections librarian.

"His material is popular. I mean, it's always checked out," said Barb Bourrier-Lacroix. But the demand has gone up quite a bit. Bourrier-Lacroix said she prepared by stocking the

library with extra copies as soon as she heard the news.

Into the Music is also having trouble keeping Prince records in stock, said owner Greg Tonn.

"It's not an uncommon phenomenon that when a star of Prince's stature passes away that there's a sudden spike in interest in their music," said Tonn.

It's the same with traveling musicians; Tonn said many people came in for Janis Joplin records when a show featuring her music came through town.

"That interest is normal. What's maybe not normal is how maybe some people will take advantage of that," said Tonn.

He saw an original, sealed copy of Michael Jackson's Thriller sell for \$1,000 right after his death, when regularly they sell for \$30, and said he's seen inflated online prices with Prince's albums.

29

Number of holds for two copies of The Very Best of Prince.



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PSB to stand, for now

DEVELOPMENT

It could stand for 500 years if maintained, says architect



Braeden Jones
Metro | Winnipeg

The Public Safety Building will stand for now, but it will take something unexpected to prevent its destruction.

At the end of a marathon meeting Wednesday, Winnipeg city council voted unanimously to launch a public consultation and have administrators prepare a report on alternative uses for the PSB space.

Coun. Jenny Gerbasi said the building has "a lot of problems beyond the heritage issue," but notes there may be options that benefit downtown.

What those options might be is unclear, but most will probably include the building's tyn-dall stone façade ending up in a pile of rubble.

In February, Mayor Brian Bowman announced his full support for demolishing the building, saying, "Bulldozing it is what I want to see."

The fate of the building became the subject of substantial public debate in the months since the mayor's "bulldozing" comment.

The debate culminated with an April 21 recommendation from the property and development committee — supported by council Wednesday — that

could see Bowman's intent fulfilled.

Numerous delegations spoke in favour of saving the building Wednesday.

Heritage Winnipeg director Cindy Tugwell said she was "perplexed at the lightning speed of the decision-making" to date, saying demolishing the building is a mistake.

The building's architect, Les Stechesen, said the building could stand 500 years if it were maintained properly.

"It was designed with great care," he said, suggesting recladding and an engineering analysis — which a consultant expects would cost more than \$50 million — rather than demolition.

Bowman said he is pro-demolition because it represents an opportunity for redevelopment and the potential to "better connect the west and the east exchange (districts)."

Coun. Wyatt said he hopes

public consultation will yield interest in doing something unique with the space, but said if citizens don't engage with the process, "that's telling as well."

\$50M

The amount a consultant has estimated recladding the building and an engineering analysis would cost.

+ MORE FROM CITY COUNCIL

Organic waste kicked from the curb

Rather than putting the recycling cart before the horse, city council has sent administration back to the drawing board to come up with new ideas for organic recycling.

Mayor Brian Bowman said he looks forward to seeing a new plan, after councillors spent several meetings and many hours debating a proposed curbside kitchen waste collection strategy.

"It may have been a

bumpy road ... but we are having a very important discussion and debate about how to move forward," Bowman said.

Midway through the debate on the motion to have the public service take as many as 120 days to consult the public and prepare a report, an amendment from Coun. Russ Wyatt attempted to ensure the city "not derive (the program's) funding source in any way from a user fee or flat tax." BRAEDEN JONES/METRO

WATER

Rates to rise over 3 years

Winnipeggers' water and sewer bills will climb annually for the next three years after rate increases were approved at city hall.

Rates will increase by 9.2 per cent this year, 8.9 per cent in 2017, and 7.4 per cent in 2018.

Councillors supported the increases with a vote of 11-5 Wednesday, after defeating an opposing motion 14-2. The latter motion from Couns. Jason Schreyer and Russ Wyatt would have subjected the annual rate increases to a review by the Public Utilities Board and public hearings, but after a lengthy debate, only those two councillors supported the plan.

Schreyer said it was about council simply not being "in sync with Winnipeg on the issue of how we're using our water rates," specifically that a portion will be used as general revenue and spent outside of water and waste services. About \$32 million of water and waste revenue is earmarked for the city's general reserve fund this year. Schreyer and Wyatt also wanted the dividends from rate increases reviewed, calling it an inappropriate, regressive tax that hits some citizens unfairly.

"This is a flat fee that everybody pays no matter how much they can afford (that) goes into general tax coffers," Schreyer said. "That goes against the Canadian values of taxation."

Coun. Jenny Gerbasi disagreed, saying there is an obvious precedent in other jurisdictions where cities "take some money out of their assets ... to help pay their operating costs."

BRAEDEN JONES/METRO



METRO FILE

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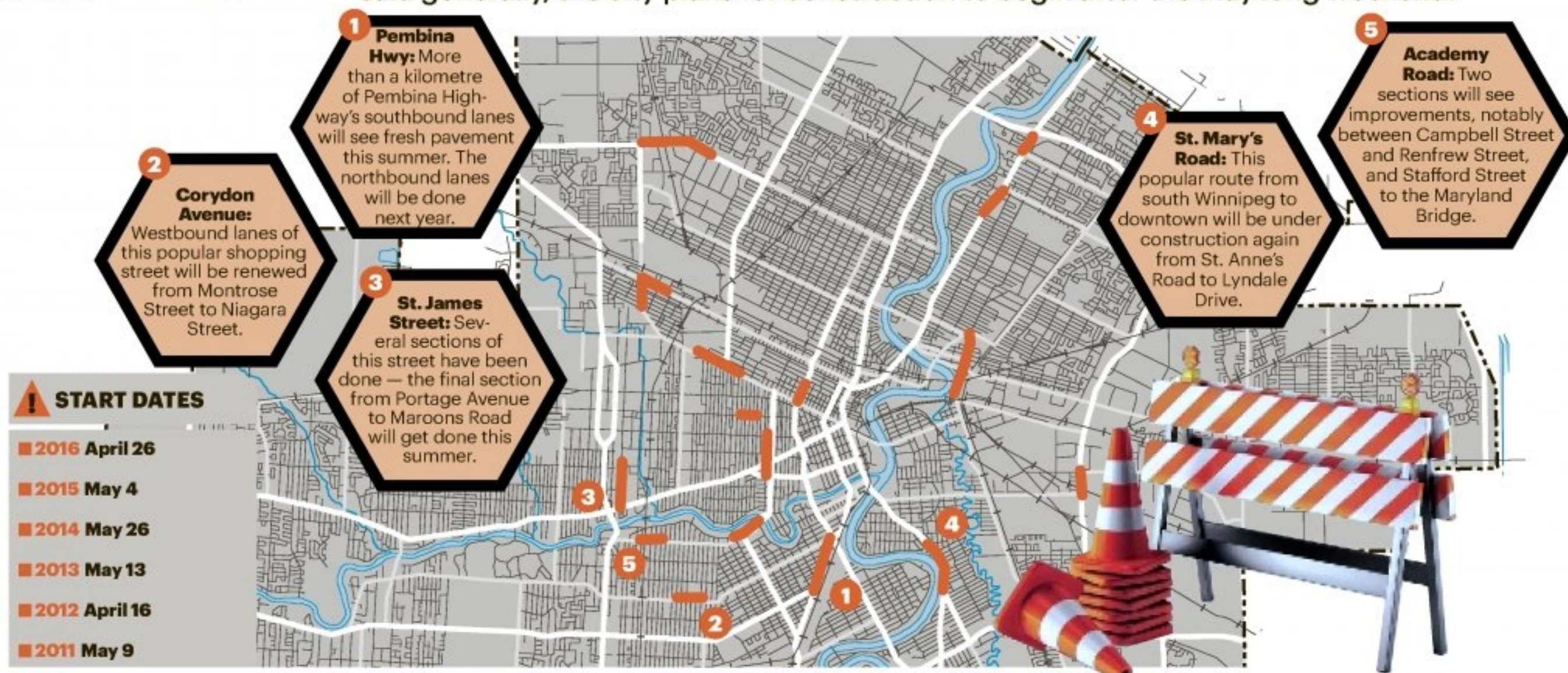
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Construction summer lovin'



Braeden Jones
Metro | Winnipeg

The Winnipeg construction season officially started Tuesday thanks to the warmer weather — over the past six years, only in 2012 did the season begin earlier. A City of Winnipeg spokesperson said generally, the city plans for construction to begin after the May long weekend.



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RIVER HEIGHTS

Three arrested in spree of break-ins

Police have arrested three people in connection with several break-ins in the West End and River Heights areas.

James Adams, 41, was arrested about 5 a.m. Tuesday after an Oxford Street resident noticed suspicious activity and called police.

Two others — an adult and a minor — were arrested April 20. Their names have not been released.

Adams was riding back lanes on a bike, scoping out parked vehicles and garages, police said.

The police service launched a stepped up patrol and awareness campaigns in the neighbourhoods in May 2014.

Called Project Comet, the initiative included urging people to lock garage doors, install light timers, security systems and avoid leaving valuables

in cars.

"The community has really taken charge in respect to sharing information with each other, in respect to problems relating to vehicle damage and break-ins," said Const. Jason Michalyshen.

"Sharing that information is really important.

"If you are observing something suspicious ... it's important (police) are aware of each and every incident."

EVAN MATTHEWS/FOR METRO



Sharing that information is really important.

Const. Jason Michalyshen

ACCIDENT

Police charge man in death of cyclist

An arrest has been made in connection to the death of a Winnipeg cyclist.

On Tuesday at roughly 1 a.m., a cyclist travelling east-bound on Nairn was hit by a vehicle, which subsequently fled after the accident. A 38-year-old man was taken to hospital, but was pronounced dead.

Later, at about 10 a.m. Tuesday, a 24-year-old man was arrested.

"We did obtain witness information to support this individual had been consuming alcohol and/or other potential drugs," said Const. Jason Michalyshen. "We have (a) witness account to validate those charges."

+ CHARGES

Kyle Genereux is facing:

- Impaired driving causing death.
- Dangerous operation of a motor vehicle causing death.
- Failing to stop at the scene of an accident causing death.

Police say Kyle Genereux's vehicle matched the description of a dark Subaru, and he surrendered to police.

EVAN MATTHEWS/FOR METRO



Christine Stoyko, left, with her brother, Aussie Jesso. CONTRIBUTED

Murder victim's home ransacked after arrest

CHRISTINE STOYKO CASE

Break-in won't compromise investigation, police say



Less than a day after police announced a man was charged with killing a woman in her home, the house was broken into and ransacked, say Winnipeg police.

Kevin Klassen, 37, has been charged with second degree murder in the death of Chris-

tine Stoyko, 39. She was found dead in her Redwood Avenue home on Saturday, and her house was broken into sometime on Tuesday.

Police said the break-in was unrelated.

"This home has been subject to a lot of attention ... for people in the community who are still trying to make sense of a friend or neighbour who is no longer with us," said Const. Jason Michalyshen.

"To now come across this is pretty upsetting for anyone, so we're reaching out to the public ... This needs to be made right," he said.

Stolen items include two televisions and an array of jewelry. Police added they had enough time to process the

+ ACT CHANGED

Protection strengthened

The Manitoba government recently overhauled the Domestic Violence and Stalking Act in an effort to strengthen protection orders. The legislation was given royal assent on March 15 and the changes will take effect on May 15.

crime scene, and the break-in will not be problematic to their homicide investigation.

"It did not jeopardize us gathering information or evidence in any way," said Michalyshen. "Members of our forensic identification unit had

already processed the residence ... without interruption."

Stoyko, was found dead after co-workers called police with concern about her wellbeing.

Her family members were making funeral arrangements when they received the news of the break-in on Redwood Avenue, police said.

The break-in happened sometime after Klassen was arrested for second degree murder.

Court documents obtained by the Canadian Press show Stoyko was granted a protection order against Klassen four months ago. In the order, Stoyko indicated she and Klassen lived together and were in a domestic relationship.

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Pallister stresses unity

PROVINCIAL POLITICS

Incoming premier pledges innovation, 'real results'

Manitoba's incoming premier stressed the importance of unity and laid out plans for a budget as he met with his super-sized caucus Wednesday for the first time since winning the provincial election.

"Can you hear me at that end?" Pallister said with a laugh as he faced his 39-member Progressive Conservative caucus — the largest majority government in Manitoba in a century.

Pallister twice mentioned unity in a short opening speech and touted it as one reason why the party scored a big electoral victory that saw the NDP ousted after 16 years in power.

"We had the best campaign I've ever been part of, ever seen. Tremendous unity, tremendous consistent messaging. A philosophy that came through in the work of each of us as individuals and all of us together,"



Brian Pallister speaks to his new caucus Wednesday. STEVE LAMBERT/THE CANADIAN PRESS

he said.

Pallister also stressed the importance of unity going forward, and contrasted it with infighting in the NDP government that saw Premier Greg Selinger fend off an attempted caucus coup last year.

Unity for the Tories should

not be a big hurdle in the immediate future, because party members are happy to be back in government for the first time since 1999, said political analyst Royce Koop.

Keeping the caucus happy in the long run could be a challenge, said Koop, who teaches

political science at the University of Manitoba.

Pallister has promised to shrink cabinet and will have more than 25 backbenchers who will not have the prestige or pay of a minister.

"The problem with big majorities is that there are more

“There will be lots of opportunities for people to contribute ... and everyone will have a job, I assure you.”

Premier-designate Brian Pallister to his caucus

personalities and egos that you have to worry about, and more sometimes-conflicting interests that need to be balanced with each other,” Koop said.

“It takes more massaging of egos, and this is something that Mr. Pallister has to do.”

Pallister said there will be tasks for everyone.

“There will be lots of opportunities for people to contribute ... and everyone will have a job, I assure you.”

Pallister is to be sworn in and announce his cabinet ministers next Tuesday. He's to spell out his government's agenda in a throne speech May 16 and deliver a budget about two weeks later. THE CANADIAN PRESS

RECREATION

A special way to get wet

It's not quite a waterpark, but it will cool you off on a hot summer day anyway.


Slide the City has opened registration for a one-day giant waterslide event just outside of Winnipeg, in Headingley at Adrenaline Adventures.

“Slide the City is a family friendly slip-and-slide water party event,” reads the event notice. “There will be live music, food, drinks, water, and of course the biggest slip and slide ever to hit asphalt. Don't worry, we've got it padded. This slide's got more cushion than your grandpa's orthopedic sneakers.”

“You don't exactly have your pick of hills,” acknowledged Slide the City's Megan Pingree in January 2015. “We're not looking to hurl people down at high speed, but we do have to keep them moving. There are things we can do though, like start midway up on a bridge to give us a little more elevation than normal.”


Early bird triple sliding passes go for \$25. The day of the event, that price rises to \$45. METRO

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IN BRIEF

Canada must pave the way for 'smart' transportation: Garneau
Canada must make its transportation system smarter and greener, says Transport Minister Marc Garneau, but documents show the country is falling behind its trading partners in connecting infrastructure to the vehicles that use it.
THE CANADIAN PRESS

Canada pledges to send more aid to Ecuador, but DART won't be going
Canada is contributing another \$900,000 to earthquake-stricken Ecuador, but has decided against sending the Disaster Assistance Response Team. The latest donation brings Canadian assistance to Ecuador to \$2 million. The government has also contributed to sending a Canadian Red Cross field hospital to help. Global Affairs says DART evaluated the situation and decided it was not needed.
THE CANADIAN PRESS

Rethink Saudi deal: Critics
The Liberal government must rethink its \$15-billion arms deal with Saudi Arabia, given the deteriorating human rights situation, a group of peace and human rights organizations urged. Opponents of the sale of Canadian-made light armoured vehicles in the Middle East say it flies in the face of Justin Trudeau's promise to reinvigorate Canada's standing on human rights issues around the world. THE CANADIAN PRESS

'My little sister was savagely killed'

REET JURVETSON

Canadian was dumped near site of Manson killings

For decades, she was known simply as Jane Doe No. 59 — an unidentified body dumped with 150 stab wounds in Los Angeles in 1969 near the site of several killings perpetrated by the notorious Manson family.

On Wednesday, a Canadian connection was confirmed in the 47-year-old cold case when the murdered woman was identified as Reet Silvia Jurvetson, a 19-year-old Montreal resident who'd gone to Los Angeles that year.

"Jane Doe #59 now has a name," Anne Jurvetson, Reet's sister and the last living member of her immediate family, said in a statement. "She had one all along, but no one knew."

Jurvetson said she's hopeful the news will help provide authorities with leads or fresh information.

"My little sister was savagely killed," the Quebec woman wrote in a four-page testimonial dated April 18.

Anne, now 73, had been in contact with the LAPD since

2015, when Reet's friends saw a post-mortem picture, noticed a resemblance and alerted her.

A DNA match positively identified Jurvetson as Jane Doe No. 59, whose corpse was found Nov. 16, 1969, by a birdwatcher in dense brush off the iconic Mulholland Drive. She had been stabbed 150 times and didn't have identification.

But the location and timing of the killing just a few kilometres from the site of several Manson family murders long fuelled speculation that Jurvetson's case was connected.

Los Angeles police Det. Luis Rivera told People Magazine, which broke the story, investigators can't rule out the Manson family's involvement in the killing.

Charles Manson achieved notoriety in 1969 as the leader of a "family" of young killers who terrified Los Angeles. He was convicted of killing seven people, including pregnant actress Sharon Tate, the wife of director Roman Polanski.

Rivera told The Canadian Press there is nothing firm as of yet that would allow authorities to connect the slaying to the Manson clan.

THE CANADIAN PRESS



These family photos show Reet Jurvetson, aged 18. Los Angeles police said they're investigating whether the young woman, found stabbed more than 100 times in 1969, is connected to the Manson family killings. CONTRIBUTED/TORSTAR NEWS SERVICE

FINANCE

Corporate use of tax havens up

Canadian corporations and individuals quadrupled the amount of money they transferred into tax havens last year, pouring almost \$40 billion into the tropical islands and European duchies that shield funds from Canadian taxes, newly released statistics show.

It was one of the biggest years ever for "investment" in tax havens — more than four times greater than the \$9 billion sent offshore in 2014. The total amount of wealth held in the 10 most popular tax havens now sits at \$270 billion.

"The problem is bigger than it has ever been," said Dennis Howlett, executive director of Canadians for Tax Fairness, which took foreign direct investment numbers from Statistics Canada to calculate the use of tax havens.

In 2015, \$13 billion went to the Cayman Islands, \$9 billion to Barbados and nearly \$8 billion to the Bahamas, according to the statistics. Money sent to Switzerland shot up by 58 per cent over the previous year.

\$270 billion

The total amount of Canadian wealth held in the 10 most popular tax havens.

"And you have to remember, this is just the money that's been declared," said Howlett.

The recent Panama Papers investigations carried out by the International Consortium of Investigative Journalists laid

bare the shady world of offshore tax havens. Dozens of reports have detailed how illicit money mingles with cash kept out of the reach of tax collectors in a network of shell companies that hide their owners' true identities.

Using international estimates, Howlett says there could be an additional \$100 billion in Canadian money stashed in undeclared — and thus illegal — offshore bank accounts.

That money has been targeted by the Canada Revenue Agency, which has received a \$444-million increase in federal funding over the next five years. The CRA has been instructed to beef up audits of "high risk" tax payers and conduct targeted crackdowns on known tax havens, starting with the Isle of Man.

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PHILIPPINES

Experts seek to identify body

Police forensic experts are trying to determine if the headless body of a Caucasian man that was found by villagers in the southern Philippines was that of a Canadian hostage who was beheaded by Muslim militant earlier this week.

John Ridsdel, 68, was beheaded after the Abu Sayyaf did not receive a large ransom it had demanded by a Monday deadline.

Fellow Canadian Robert Hall, a Norwegian and a Filipino woman who were kidnapped with Ridsdel in September are still being held by the militants, along with about 20 other foreign hostages.

President Benigno Aquino III says that the Abu Sayyaf militants who beheaded Ridsdel may have plotted to kill him and kidnap boxing star Manny Pacquiao.

Aquino says the militants also wanted to explode bombs in metropolitan Manila to try to get funding from the Islamic State group but the plans were uncovered and troops have reduced the group's ability to inflict harm. Aquino, whose six-year term ends in June, says he sent a letter expressing condolences to Ridsdel's family, describing his death as appalling.

He vowed "to devote all my energies" to ensure that the extremists would be "at the very least ... a very seriously degraded problem" for his successor.

While he has forged a peace pact with a larger Muslim rebel group, Aquino said there is no possibility of engaging in talks with the brutal Abu Sayyaf.

"We have always believed in the power of dialogue, development and positive engagement over arms," Aquino said. But he said of the Abu Sayyaf, "You have chosen only the language of force and we will speak to you only in that language."

THE ASSOCIATED PRESS

Trump struggles to explain 'America first' foreign policy

U.S. ELECTION

Front-runner goes for sober tone to appear presidential

Donald Trump strained to lay out a clear vision of his "America first" foreign policy on Wednesday, vowing to substitute hard-headed realism for what he called a post-Cold War era replete with U.S. national security failures.

Yet the Republican presidential front-runner outlined no strategy for how he'd make the

United States at the same time a "consistent" and "unpredictable" force in the world. And he didn't appear to allay the concerns of U.S. and international critics — Republicans at home as well as Democrats — who see him as unfit for the responsibilities of commander in chief.

"America first" will be the major and overriding theme of my administration," Trump declared, echoing motifs from his campaign that is now close to sealing the GOP nomination.

Delivering his lines in a more sober, restrained manner than usual to cast himself as presidential material, the billionaire businessman and reality TV star

toned down or omitted several of his most explosive — and oft-repeated — barbs. He made no reference to forcing Mexico to pay for a wall across the nation's Southern border.

Instead, Trump took aim at President Barack Obama's embrace of an Iran nuclear agreement, Obama's failure to eliminate Daesh and other examples of what he termed a foreign policy of "randomness" and "chaos." His criticism extended to Republicans, too, assailing President George W. Bush for the Iraq war.

"My foreign policy will always put the interests of the American people and American security above all else," he said.

+ TED CRUZ

Meanwhile, Republican presidential candidate Ted Cruz tapped former technology executive Carly Fiorina — a woman who he said has repeatedly "shattered glass ceilings" — to serve as his running mate.

The U.S. approach to fighting Daesh will be "strong" under a Trump administration, he vowed, offering no indication of troop levels he might authorize. He intends to ease tensions with

Russia while negotiating "from a position of strength," but he wouldn't say what that means for U.S. sanctions punishing Moscow for annexing Ukrainian territory. He said he'd balance America's massive commercial deficit with China "quickly," without a word about tariff policy or existing trade agreements.

Trump also contradicted his own broad-brush approach to foreign policy. He said at one point that the best way to achieve his goals was through "disciplined, deliberate and consistent" policy. Later, however, he exhorted the nation to "be more unpredictable" in how it combats enemies.

THE ASSOCIATED PRESS



MIGRANT CRISIS

Greece builds more camps as deportations continue

Migrants and refugees are seen in these photos at a makeshift camp at the Greek-Macedonian border near the village of Idomeni on Wednesday.

Greece continues to send migrants to Turkey as part of a European Union-Turkey agreement aiming to stop the flow of refugees and migrants across the Aegean to Europe's more prosperous heartland.

Nearly 54,000 people are stranded in Greece after Europe closed its land borders to the migration flow last month. Greece said Wednesday it would construct a further four camps for them, in an effort to gradually clear an impromptu camp.

AFP/GETTY IMAGES & THE ASSOCIATED PRESS

TERRORISM

Paris attacks suspect extradited to France to face charges



Salah Abdeslam AFP/GETTY

The lone known surviving suspect in the Paris attacks was returned Wednesday to the city where Daesh unleashed a night of mayhem and charged with a host of terrorism offences, raising hopes that he may be able to help French investigators trace the pathways of extremists thought to be hiding out in Europe.

Salah Abdeslam was whisked in secretly by helicopter after being transferred from the prison

cell in Belgium where he had been held since his capture last month. His lawyer, Frank Berton, described a "muscular operation" that had caught even the attorney by surprise, causing him to rush to join his client at Paris' Palace of Justice.

The 26-year-old faces preliminary charges of participating in a terrorist organization, terrorist murders and attempted murders, attempted terrorist murders of public officials, hostage-taking,

and possessing weapons and explosives, French prosecutors said in a statement.

Berton said Abdeslam was being sent to Fleury-Merogis, a massive, high-security prison about 30 kilometres south of Paris, where he will be held in isolation in a special camera-equipped cell until his next hearing on May 20. French Justice Minister Jean-Jacques Urvoas said earlier that Abdeslam would be placed in isolation, watched

by guards specially trained to deal with "people reputed to be dangerous."

The return of the last known survivor of the team that carried out the Nov. 13 attacks may help investigators untangle some of the still-unresolved questions about the assault, which claimed 130 lives at cafes, a music hall and a sports stadium. Daesh claimed responsibility for the carnage.

Berton told reporters Wednesday

that his client "volunteered that he would explain himself at some later date."

Abdeslam, a French citizen of Moroccan origin, spent four months on the run following the attacks and a month in Belgian custody after being tackled by heavily armed police outside his hideout in the Mollenbeek neighbourhood of Brussels.

Abdeslam's precise role in the attacks has never been clear.

THE ASSOCIATED PRESS



Models walk the runway at the Moose Knuckles Korea Launching Show at SongEun Art Space on August 30, 2013 in Seoul. GETTY IMAGES

'Made in Canada' claims may be false

RETAIL Moose Knuckles in hot water with Competition Bureau

The CEO of the "Canadian" Moose Knuckles apparel company said Wednesday that not all their parkas are made in Canada, after the Competition Bureau filed an application to have them brought before a tribunal for falsely marketing the brand.

"We make some of our parkas in Canada and some in other countries," said Ayal Twik in an email.

"The coats are clearly marked. One coat would say 'made in Canada' on the content label if it was made in Canada and another would say 'made in Vietnam' if it was

made in Vietnam.

"I believe we are very clear on where our goods are made by putting in a country of origin tags on our coats, and listing them on our website. Many Canadian companies are proud to be Canadian and advertise that fact even if they do not make their goods in Canada," wrote Twik.

Moose Knuckles winter coats retail on-line and in specialty stores for \$600 and up.

The brand was in the news in November, when Sophie Gregoire Trudeau, Prime Minister Justin Trudeau's wife, wore one of its red-and-black plaid jackets in London.

"The Bureau is seeking an end to what it believes to be false or misleading 'made in Canada' representations," according to a release from the Competition Bureau.

The Moose Knuckles parkas are mostly manufactured

in Vietnam and elsewhere in Asia, according to the Bureau, which filed an application with the tribunal on Wednesday.

Only the finishing touches, such as adding the trim, zippers and snaps are done in Canada, according to the Bureau. The bureau is seeking a penalty of \$4-million for the company and unspecified compensation for consumers.

The bureau launched an investigation following a complaint, spokesperson Phil Norris confirmed.

He would not say whether it was a consumer or a competitor.

The application will be considered by the Competition Tribunal, which is essentially a court for competition matters. Each side will present its case and evidence will be reviewed, said Norris. He could not say how long that might take.

TORSTAR NEWS SERVICE

FOOD

More chicken in your McNugget

Like the indestructible Twinkie, Chicken McNuggets are practically a culinary punchline, a symbol of hyper-processed fast food with a list of ingredients that reads like a chemistry exam. But now McDonald's wants to take at least some of the mystery substances out.

The world's biggest hamburger chain says it is testing a version without artificial preservatives.

It's the latest move by McDonald's to try to catch up with changing tastes and turn around its business, which has lost customers in recent years.

The new McNugget recipe is "simpler," and "parents can feel good" about it, the fast-food company said.

While McDonald's did not give full details about what is or isn't in the test recipe, it said the new McNuggets do not have sodium phosphates, widely used food additives that the company has said can keep chicken moist. Also, the McNuggets will not be fried in oil containing the artificial preservative TBHQ.

Chicken McNuggets have become an often-mocked symbol of heavily processed fast food since they were introduced in the 1980s. The breaded and fried nuggets are made of ground-up chicken rather

than intact chunks of meat and are delivered to stores frozen.

The company said it began testing the new recipe in about 140 stores in Oregon and Washington in March. The test was first reported by Crain's Chicago Business.

As people pay closer attention to food labels, companies across the food and drink industry have adjusted recipes to remove ingredients that may sound unappetizing.

Last year, for instance, McDonald's changed its grilled chicken recipe to replace sodium phosphates with vegetable starch and to remove maltodextrin, which was used to increase browning.

The McNugget test reflects the sensitivities of parents of young children in particular. McDonald's has long targeted families, with its Happy Meals and Ronald McDonald mascot.

McDonald's said it is getting feedback from customers with the McNugget test, and did not say when it might



McDonald's said it began testing the recipe in Oregon and Washington. ISTOCK

launch the new recipe nationally.

Last week, McDonald's said sales rose 5.4 per cent at established U.S. locations during the first three months of the year. The results were boosted in part by higher prices and the closing of underperforming stores.

McDonald's Corp., based in Oak Brook, Illinois, has more than 14,000 locations in the U.S. THE ASSOCIATED PRESS

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EMMA TEITEL ON THE DANGERS OF UBER

If you're a young woman who travels alone, the argument that one form of transportation is disproportionately more dangerous than another is unconvincing.



Two years ago, when I downloaded Uber, the American ridesharing service that's uprooting conventional transportation one complimentary water bottle at a time, safety was not at the top of my mind.

Uber was a godsend that ferried me to and from bars and appointments quickly and cheaply in the dead of Canadian winter.

But safety was — and still is — at the top of someone else's mind: my mother's.

To this day, every time I open the app in her presence, she wants to know: "Why do you trust Uber?" "And what is UberX, anyway?"

I try to explain that the latter is not a naughty version of the former (it's just cheaper) but my mom's mistrust of the ride-sharing service remains intact.

"Who knows who is driving you around?" she asks.

To which, I usually respond: "Actually, I do. His name is Vlad. He drives a Toyota Camry."

But she's adamant: "Take a taxi. I'll pay for it."

(I have a theory that conventional cabs have Uberway moms to thank for at least 15 per cent of their current business).

The question is: are Uberway moms needlessly paranoid or are they actually right to shun the New Lift Order?

Is there something uniquely dangerous about UberX, particularly for women? Lately, to my mom's credit, it

appears there is.

On Tuesday, police in York Region, outside of Toronto, announced that they are investigating an alleged assault associated with the service; a woman said an Uber driver sexually assaulted her.

This allegation is not an anomaly; dozens have been reported across North Amer-

ica in recent years. In September, a 25-year-old woman in Toronto alleged that her driver assaulted her. In Los Angeles this year, a man was arrested after he allegedly posed as an Uber driver, lured a woman into his car and sexually assaulted her.



Among the charges levelled at Uber is that it's unsafe for women. Well, what form of transportation isn't? GETTY IMAGES

death in one evening, picking up and delivering fares in between killings.

But I'm not convinced, despite prophecies of doom from a terrified cab industry, that Uber is the spawn of transit Satan.

There is plenty wrong with the service — a culture of secrecy around its safety re-

cord and, according to many of its employees, a history of underpaying drivers.

But almost everything that Uber has been accused of safety-wise in recent days, holds just as accurately for taxis.

In 2014 a Halifax cabbie was convicted of sexually attacking a female passenger.

And far as the claim that cabbies everywhere are invariably both better regulated and screened, between 2014 and 2015, 100 drivers with known criminal records (including convictions for

drug dealing and offences barring them from driving) were licensed by taxi companies in the U.K. jurisdictions of Liverpool and Sefton.

On a personal note, I have been made to feel uncomfortable by both taxi and Uber drivers.

The former have expressed — unsolicited, and on more than one occasion — their opposition to same-sex marriage, while the latter have remarked, questionably, on my personal habits.

There was, for instance, the Uber driver who dropped me off one day at a waxing salon.

"Your boyfriend must be pretty stoked about your appointment today," he said, clearly presuming I was there for a Brazilian wax; I was getting my moustache removed.

All this is to say, if you're a young woman who travels alone, the argument that one form of transportation is disproportionately more dangerous than another is unconvincing.

Uber may not be a bastion of safety but I doubt it is any more hazardous than a conventional cab, or at other times, a walk down an unlit street. (Or for that matter, a well-lit one).

What it is, however, is new. And new things scare us.

But despite the cash-free ride and the slick marketing, it's an old idea: in the name of convenience we entrust our lives to people we have not met before, and we hope for the best.

Taking a ride with Uber or an old-fashioned cab, we're flouting a piece of classic advice from my mother, and yours: "Never get into cars with strangers."

Emma Teitel is a national columnist for the Toronto Star.

ROSEMARY WESTWOOD

Labiaplasty trend shows vagina shame is real — and really preventable

Oh, vaginas.

We love to ogle them (Game of Thrones is practically addicted) — except, not them, per se, so much as the kind that resembles the pale, U-shaped nothingness between Barbie's legs.

If we were that keen to look at all vaginas, girls in the U.S. might not be seeking plastic surgery for medically questionable labiaplasty, which isn't even recommended for adult women by the Society of Obstetricians and Gynecologists of Canada.

The procedure alters the look of women's genitals generally for the sake of altering the look of women's genitals.

It has not been proven to increase pleasure, and could actually reduce it via scarring, according to the American College of Obstetricians and Gynecologists. "Vaginal rejuvenation" sold to older women is pure marketing fantasy, the SOGC says. And while the procedure is sometimes done to relieve labia pain (yes, a thing) it's rarely advertised that way.

Perhaps that's why last year saw an 80 per cent increase in the number of girls under 18 who got labiaplasty in the U.S. (400 in total), according to the American Society for Aesthetic Plastic Surgery. To combat the rates of labiaplasty in both countries, gynecologists are being told to offer counselling to patients — especially young patients — and to help women appreciate their own anatomy. In other words:

Women don't know enough about their vaginas to know what normal looks like.

The fact is, vaginas are more varied than apple species. They have more diversity than a Liberal cabinet. And they do not all look like taut hammocks.

I'm embarrassed to say, I had no idea how different they could look until I came across an artist who makes casts of women's vaginas to convince them their bits look good. All the shapes and sizes genuinely shocked me, but why wouldn't they? The vagina in pop culture is more uniform than the houseplant.

Perhaps if we showed that variety and talked about how vaginas function (did you know the labia change during pregnancy and menopause?), we might not have this labiaplasty problem.

Instead, the idea that vaginas are gross/dirty/unpleasant endures. Women are still marketed vaginal wipes (penises being perpetually fresh). Trolls demean women with the C-word. Donald Trump slaps Hillary Clinton's "woman card," reduces her entire campaign to her vagina, and it's no compliment.

I'm not smitten with the love-your-body-movement, which sets a sky-high bar for self-worship. But I could get behind a love-your-vagina spinoff, especially one targeted to girls. After all, what's the point of growing up in Internet age, if not to finally free the V?

I'm not convinced, despite prophecies of doom from the cab industry, that Uber is the spawn of transit Satan

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BOOK EXCERPT EPIPHANY: A CHRISTIAN'S CHANGE OF HEART & MIND OVER SAME-SEX MARRIAGE, BY MICHAEL COREN

'I spoke of unconditional love'



Michael Coren is a well-known author, radio personality, columnist, Metro contributor and speaker, who, until last year, was considered a champion of social conservatism in Canada.

Coren has had a profound spiritual and personal change of heart. His book, *Epiphany: A Christian's Change of Heart & Mind over Same-Sex Marriage*, is an examination of how and why that happened.

In the summer of 2015 I was asked to preach at Toronto's Metropolitan Community Church (MCC).

MCC is not exclusively gay but its central theme, its charisma if you like, is outreach to LGBT people, and in all of its many international branches it is at the heart of the struggle for full equality. Indeed, in Toronto its leader, Brent Hawkes, is one of the most high-profile, visible, and eloquent leaders of the gay community. It was Brent who invited me to speak at the church — we had known each other for years because we often appeared on opposing sides on television and radio panels; neither of us ever thought we'd be embracing, close to tears, in front of the altar of his church. I'd spoken to hundreds of groups for more than a decade and hadn't felt nervous for a long time but was most definitely nervous this time. How many of these people had I hurt, how many had

lives made more difficult by my writing and broadcasting? I'd never hated but I had given an intellectual veneer to the anti-gay movement, had enabled — even unintentionally — some muddy bigotry. Yes, I was nervous, and a little ashamed.

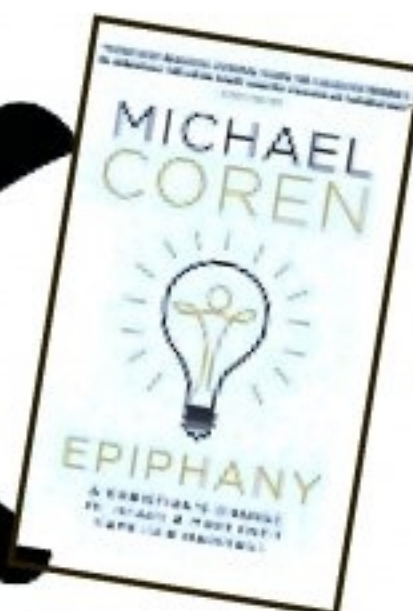
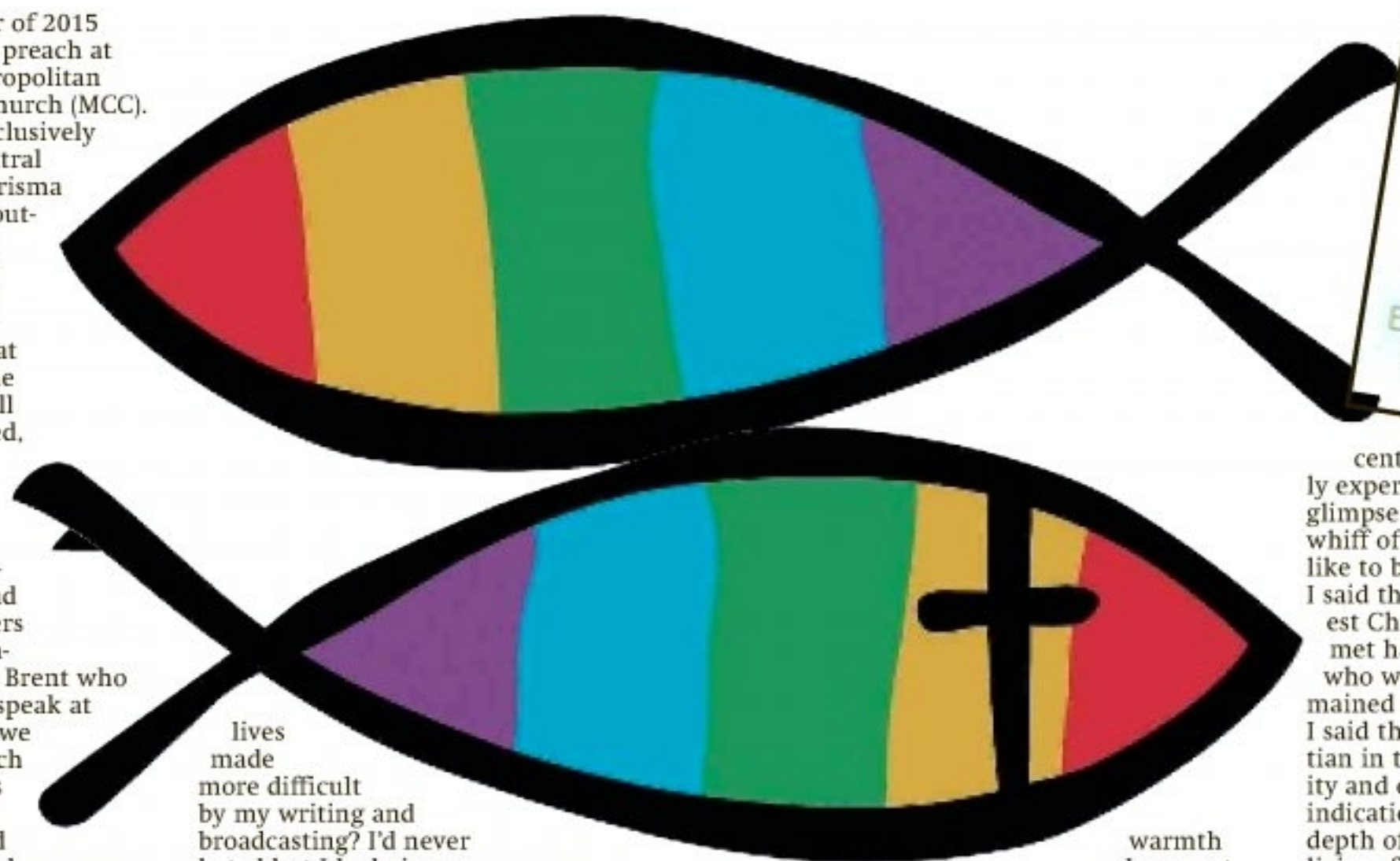
There were two services, with a combined congregation of around seven hundred men, women, and some children. And as I walked in on that hot, rainy

morning, I was sensing no condemnation, no cynicism, no grudges. As an emotionally constipated Englishman, I was several times close to weeping as I witnessed a feeling of authentic Christian community that I have, with all due respect, not always found in mainstream church settings. I saw collectives of

warmth and support, groups of people from various ethnicities, backgrounds, sexualities, and experiences united in acceptance. After so many months of abuse, accusations, and firings, my sense of liberation was exquisite. I told them that as a straight man who had reversed his position on gay rights and equal marriage, I had re-

cently experienced a glimpse of a shadow of a whiff of what it must be like to be a gay Christian. I said that some of the finest Christians I had ever met had been people who were gay and had remained true to Jesus Christ. I said that remaining Christian in the face of hostility and even vitriol was an indication of an enormous depth of faith and was a living, fleshy example of a glorious mystery.

I spoke of unconditional love, of what scripture actually said about sexuality rather than the popular and misguided caricature of Biblical truth that we are so often offered. I said that the only absolutes were grace and love. Never has a standing ovation felt so true, so good, and so pure.



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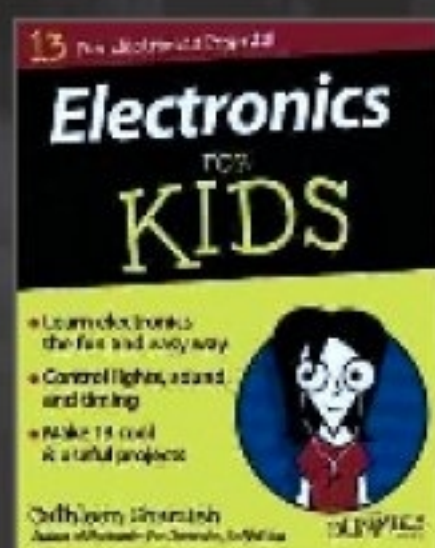
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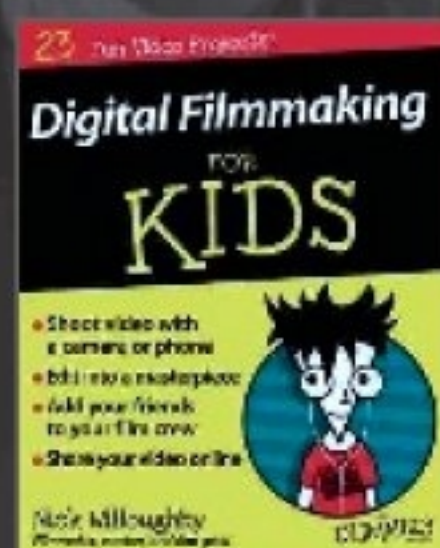
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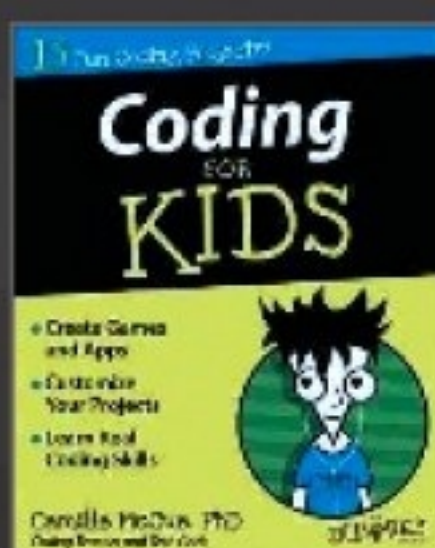
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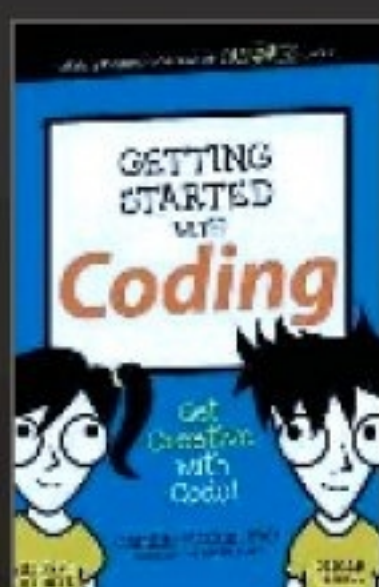
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Gossip **metro**LIFE

Who is Becky with the Good Hair?

Since Beyoncé dropped her visual album Lemonade, internet sleuths have been trying to figure out who the mysterious “Becky with the good hair” is. Here, the prime suspects. **TORSTAR NEWS SERVICE**

Rita Ora

Evidence: The Jay Z protégé Snap-chatted herself in a bra with illustrated lemons on it while wearing a “J” pendant. She then Single White Female-ed Beyoncé by wearing the same Gucci jumpsuit from Bey’s Formation video.

Hair: Fabulous

Is she Becky? Actually, we’re pretty sure she thinks she’s Beyoncé.



Mya

Evidence: When asked by TMZ if Beyoncé was digging up old rumours that Mya had an affair with Jay Z, the Lady Marmalade singer declared herself “not guilty.”

Hair: Well, in TMZ’s video it’s in a ponytail under a baseball cap, so... exonerated?

Is she Becky? No way — don’t pull Mya into this, TMZ!



Iggy Azalea

Evidence: Iggy volunteered that she had been called out as Becky in the past, but it had nothing to do with Jay Z. “Generalizing any race by calling them one stereotypical name for said race, I personally don’t think is very cool,” she tweeted, adding, “Do you know how many times ppl have called me BECKY?”

Hair: Becky-ish

Is she Becky? The Becky? No. A Becky? Arguably.



Lori Loughlin

Evidence: Loughlin retweeted a meme of her Full House character, captioned “Becky... with the good hair,” commenting, “wasn’t me!”

Hair: Good? It’s great!

Is she Becky? She will always be Becky, but something tells us that if Jay Z was only binge-watching Fuller House, Beyoncé wouldn’t be wielding a baseball bat.



Everyone

Evidence: A source told Page Six that “Becky with the good hair” is “many girls” that Jay Z has strayed with, all of which, presumably, had overpoweringly beautiful hairstyles.

Hair: Every hairstyle of the rainbow.

Are they Becky? Like the killers in Scream, it wouldn’t surprise us if there was more than one.

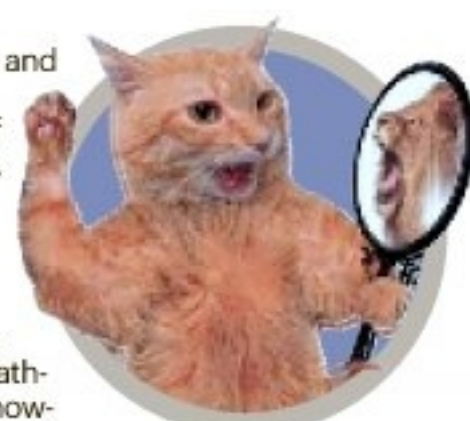


You

Evidence: Go and pick up another bottle of that shampoo, because you are “Becky with the good hair”! Or so goes the logic of Beyoncé’s father Matthew Knowles, who deflected lyrics suggesting that he hit Beyoncé with a strange interpretation. “Can I tell you who she’s talking about? She’s talking about you,” he told E! News. “You put that in context for you personally. She’s talking about you and everybody that is you, that’s who she’s talking about.”

Hair: It’s good... just like in the song!

Are you Becky? If you have to ask, it’s too late.





JOHANNA SCHNELLER WHAT I'M WATCHING

When Prince was on New Girl

THE SHOW: *New Girl*, Season 3, Episode 14 (Fox)
THE MOMENT: Prince's magic

Remarkably, Jess (Zooey Deschanel) and her friends are at a party at Prince's house. Prince, intuiting that Jess needs him, pulls her aside to impart his wisdom.

In a manic montage, he has her try on outfits until she finds the perfect gown. Then he creams her at ping-pong. "14-0," he says.

"I don't know what I'm supposed to be learning here," she sputters. "15-0," he says.

He locks her in a dark room. Then he's in the room. Then they're outside watching a monarch butterfly.

"I think I understand now," Jess says.

The butterfly lands on Prince's shoulder. "Now do you?" he asks. "No!" she cries.

Fox re-ran this episode Tuesday night, as fans still reel from Prince's death. You feel joyous wish-fulfillment throughout it. It was a key moment for the series: Jess finally tells Nick (Jake Johnson) she loves him. You can imagine the writers saying, "What if we got someone cool and guru — someone like Prince — to make her brave?"



Prince was the perfect person to play guru to Zooey Deschanel's Jess in *New Girl*. CONTRIBUTED

Miraculously, Prince agreed, and embraced with deadpan relish his guru persona, and even pulled Jess on stage with him to do a rocking duet.

The last scene, in which the

gang is back on their sofa, staring stunned into space, wasn't meant to be a eulogy, but it works as one.

"Did that really happen?" someone asks.

Was Prince really here? Did we get to spend time with him for a while?

"What do we do tomorrow?"

asks Schmidt (Max Greenfield). "Go to work? Get on with our lives?" It's the question we all ask, when someone who touched us leaves too soon.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

BIOGRAPHICAL RESEARCH

Harper Lee wrote article for FBI agents

Charles J. Shields — whose updated Harper Lee biography, *Mockingbird*, was released Tuesday — says the late author wrote an unsigned article for a magazine published by former FBI agents about the case in Truman Capote's non-fiction novel *In Cold Blood*.

Mockingbird: A Portrait of Harper Lee, From Scout to Go Set a Watchman was originally published by Henry Holt in 2006.

Harper Lee accompanied Capote in March 1960 on his assignment from *The New Yorker* to research the murder of four members of the Clutter family in rural Kansas. Capote later published the book *In Cold Blood* about the case in 1966.

Shields told *The Guardian* how he found the story. During his research, Shields found an item in a Garden City, Kansas newspaper announcing that an article about the Federal Bureau of Investigation's work on the case would appear in *Grapevine*, an FBI magazine.

The notice, from February 1960, read, in part: "Nelle Harper Lee, young writer who came to Garden City with Truman Capote to gather material for a New

Yorker magazine article on the Clutter case, wrote the piece for *Grapevine*. Miss Harper's first novel is due for publication by Random House this spring and advance reports say it is bound to be a success."

That was *To Kill a Mockingbird*, which was published in July 1960. It went on to win the Pulitzer Prize for literature.

Shields then searched the *Grapevine* archives and found a story about the case published in March 1960. It was consistent with her style, according to Shields, and contained details that would have only been known to Capote and Lee. AFP



Harper Lee. AFP

ANNIVERSARY

The smooth criminal celebrates a decade

Criminal: 10th Anniversary Special

BY: Ed Brubaker and Sean Phillips

PUBLISHER: Image Comics

Mike Donachie
Metro | Canada

It's not really about a kung fu werewolf, but it sort of is.

It's 10 years since the start of *Criminal*, the crime series by Brubaker (who wrote the book that led to the movie *Captain America: The Winter Soldier*) and Phillips, and it's still the gold standard of comic books. The whole series is available in book form, but its anniversary has been marked with this special magazine-sized book, which features the return of some old favourites.

Killer, gangster and useless father Teeg Lawless is back, and his young son Tracy is along for the ride. Dad has a nasty job to do, and the kid is being forced

to help. He won't enjoy the trip.

But he does have a kung fu werewolf for company, in the comic book he's reading. The main story is strong, but the best part of this is the book-within-a-book, with several pages of 70s-style action featuring a hairy, high-kicking Peter Parker allegory.

The *Criminal* special works as a standalone story, if you haven't read the other books. But you should.



BOOK BRIEF

Biography reveals randy side of McCartney

Sir Paul McCartney once had a foursome. And we're not talking a friendly game of golf. The ménage-a-quatre — involving McCartney and three willing women — is just one of the many salacious revelations contained in author Philip Norman's authorized biography of the former Beatle, this one recounted by his cousin Mike Robbins. Among the more eyebrow-raising details in Norman's book:

- McCartney's father's advice on sex was to watch dogs copulating.

- Manager Brian Epstein would arrange to have a high-priced prostitute available to each of the Beatles during tours of the U.S.

- Girlfriend Dot Rhone changed her looks to resemble French sexpot Brigitte Bardot.

- The Fab Four shared a room in the early days and the night George Harrison, then 17, lost his virginity, the other three cheered and clapped afterward.

TORSTAR NEWS SERVICE

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Working antiques into your decor

MIX AND MATCH

Vintage pieces help to create unique look

The introduction of antiques into your home can provide a beautiful layer of design depth.

The trick is to select just a few pieces you love and work them into your decor. Loving antiques doesn't mean filling each room from top to bottom to create a reproduction of a historic home. Vintage pieces can easily complement contemporary furniture and be every bit as functional and, because most are one-of-a-kind, they help to create a look individual to you.

A few great ways to work these amazing pieces into your designs:

Reworked antiques

The French 18th-century Bergère chair has been reproduced for literally hundreds of years and has inspired many other chairs like it.

The exposed wood is sometimes painted and sometimes stained. Nothing can beat the



Vintage pieces can easily complement contemporary furniture, like this 18th century gold gilt French side chair. GLEN PELOSO/FOR TORSTAR NEWS SERVICE

patina of an antique chair and, once the chair is recovered it becomes a brilliant combination of old and new.

Combined time periods

The dining table doesn't need to be the eight-piece set that you got at your local furni-

ture store.

The combination of elements from various time periods allows you to create a truly

+ MID-CENTURY

One of the most popular antique selections currently is mid-century modern.

When creating a room that has the feel of mid-century modern, injecting a piece that is truly from that period can ground the look you are attempting to achieve.

The current reproductions of the time period are usually the most iconic elements from the era.

unique look.

Also, the combination of wood colours provides an attractive texture and additional layer to the design of the room.

The key to success when combining is to stay within the same time period or go more than two time periods apart so the final "look" is clearly intentional.

Repurposed antiquity

The draper's table, repurposed as a credenza/desk, retains its rich, wooden beauty and spun

details of the leg.

But it needed a new job title since it's no longer in use as an 18th-century work table in a draper's shop. Ideally, the antiques in your home should serve a purpose, allowing you to live in your home as opposed to just look at it.

Strength and balance

If you are working with strong architectural details like ornate coffers, dental details on the crown moulding, or extra tall and detailed doors, you need furniture and accessories to provide balance.

Conversely, if you are drawn to design elements that are commanding — such as wall treatments — the additional visual strength provided by antiques are a worthy match.

The esthetic impact of each element creates a visual balance.

GLEN PELOSO/

FOR TORSTAR NEWS SERVICE

Glen Peloso is principal designer of Peloso Alexander Interiors, national design editor of Canadian Home Trends magazine and a design expert on the Marilyn Denis Show on CTV.

RECYCLE SOMETHING NEW

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SMALL, OUTDOOR SPACE? CONSIDER A RAISED BED

Urban gardeners maximize opportunity to grow edibles in compact areas

Not everyone has a traditional yard with ample space for perennial gardens and a vegetable patch. Despite this, clever green thumbs are maximizing the space they do have to grow a variety of edible crops.

From small urban postage-stamp-sized lots to balconies or rooftops, raised beds provide the perfect growing space for both edibles and ornamentals. And you don't need carpentry skills to build one yourself. There are plenty of options to either buy or upcycle from items you may already have. Just a few square feet can produce fresh produce you can enjoy throughout the growing season.

Here are a few tips that will give you a head start on your garden.

Consider your space's growing conditions
Most vegetables, especially the heat seekers — tomatoes, peppers, cucumbers, etc. — require at least six to eight hours of sunlight a day to bear flowers and then fruit. Take a

few days to assess where the sun moves in your space throughout the day to make sure you get enough light. If your space is windy, consider using a shield to protect your plants.

One great thing about raised beds is they can be placed anywhere, making them ideal for a small, urban yard, where the soil may be poor quality. Patio stones and decks are also great space candidates. If all the sunlight happens to shine on your driveway, for example, consider a long, narrow raised bed that runs alongside or some other type of raised bed structure that will still fit when the car is parked.

Grow up, up up!

Vertical gardening isn't a new buzzword, but it's one that continues to gain traction as green thumbs get creative with their growing structures. To grow vining veggies, install a small trellis system to train plants to grow upwards towards the sky. This also



CONTRIBUTED

leaves more space in the actual garden to grow other things.

You can also buy or build tiered structures with "drawers" you can fill with soil and plant greens, like lettuce or herbs, which thrive in a shallower space.

Upcycle a raised bed

Antique markets, your parents' backyard, these are both places where you may find items you can upcycle into a garden. Old wooden washtubs, wine barrels, wooden suitcases, you name it. Stock tanks are another modern-looking option that you can buy new or used. And an old table can easily be transformed into a mini salad garden.

Consider gardening in fabric pots

Fabric pots come in all shapes and sizes and because they're so lightweight, they are perfect for balconies and rooftops. (Note: If you are gardening on a balcony or roof, be sure to look into weight restrictions before introducing a raised bed to the space.)

Many fabric raised beds are deep enough to plant root vegetables. The best part is you can empty them out and fold them up (be sure they're dry first) for the winter months, pulling them out again next spring. This also makes it easier to bring your "raised bed" with you when you move. Les Urbainculteurs and Woolly Pocket have online shops that sell fabric raised beds.

Tara Nolan



ISTOCK

Flat-fee service lets home buyers and sellers save

ComFree Commonsense Network's low, flat-fee business model offers Winnipeggers the option to sell their homes, with the support of REALTORS®, and save thousands in commission. ComFree engages in candid discussions with its clients, regarding pricing, and can provide them with a listing price-range recommendation. Clients can also benefit from unbeatable listing exposure on ComFree.com and REALTOR.ca, two of Canada's largest real estate websites, pricing

assistance and guidance, support with the legal document process, and more — all for a low flat-fee.

ComFree also offers an innovative Home Buying Service, which gives buyers the opportunity to get paid thousands when they purchase a property.* Clients benefit from working with a REALTOR® and receive the same level of service they would expect from any other REALTOR®. The only difference is that with ComFree's service, clients can

actually get money back when they purchase their next home.

ComFree Commonsense Network is proud to offer an alternative solution to buying and selling your Winnipeg home. ComFree's services are based on a low, flat-fee model as opposed to the value of the home you are selling or buying. The money you can save or acquire, using ComFree's services, can be a significant amount that you can put towards renovations, topping off your savings account, or taking your family on a dream vacation. ComFree's mission is to help you keep what is rightfully yours!

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RENT WITH STYLE AND AFFORDABILITY

To rent or to buy? It's a decision many Winnipeggers face when they're at or nearing retirement and looking to downsize. And it's not always an easy one, says Mike Ambrose of Edison Properties, the property management company behind Ruth Gardens, a new, 10-storey apartment complex in Winnipeg's North Kildonan neighbourhood.

However, rental options are expanding and luxury apartment rentals are on the rise in the city, giving downsizers expanded options for living comfortably and affordably in a great location.

Exceptional amenities are a major benefit of Ruth Gardens, says Ambrose. The modern luxury apartments offer residents features they might expect to find in a condo. Residents at Ruth Gardens can make use of the fitness facilities, heated underground parking, six elevators in the complex, free shuttle service to grocery stores and more.

The homes' high-end interior features are equally appealing. Residents can enjoy

a breakfast bar and high quality features including quartz countertops, glass tile backsplashes, walk-in closets in the master bedroom, stainless steel appliances and in-suite laundry.

Condo ownership requires a sizeable down payment, as well as many monthly expenses including mortgage payments, property tax, insurance, utility payments and maintenance fees.

Meanwhile, renting allows residents to free up their equity — which may be better used in other investments.

Renting at Ruth Gardens is affordable. The luxury suites range from approximately \$1,100 to \$2,200 depending on the size of the suite. Each has individually controlled heating and air-conditioning panels, and utilities are paid by the landlord.

Appliances are another expense that renters don't have to worry about. When a fridge, oven or washing machine stops working, it can be costly to replace.

With 50 years in the Winnipeg rental



CONTRIBUTED

market, Edison Properties employs a well-trained and experienced maintenance staff, including an on-site resident manager and cleaning staff. That means there will be somebody available at your door to help when you need it.

"Home ownership can bring a burden and expense that many retirees just don't need," says Ambrose. "Renting is a great option for those seeking to downsize in luxury and convenience."

To learn more, go to ruthgardens.ca.

Ruth Gardens

*Luxury Adult Apartment Living
in the heart of North Kildonan*



Suite Amenities:

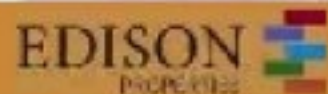
- Open concept kitchen and living room
- Quartz countertops
- In-suite utility rooms with washer and dryer
- Private, fully covered balconies
- Ensuite bathrooms and walk-in closets
- Breakfast bars

Building Amenities:

- Underground and surface parking
- Secure building with card access system
- Fitness room
- Common room available for small parties and meetings
- Sound resistant construction
- Full time on-site Resident Manager

Neighbourhood Amenities:

- Conveniently located close to public transit routes
- Within walking distance of Rossmore Golf & Country Club
- Accessible bike and walking trails
- Nearby parks include Kildonan and Kilcona Parks
- Close to restaurants, shopping centres, and all school levels



NOW LEASING • 204-515-3801 • ruthgardens@edisonproperties.ca • ruthgardens.ca

Osborne Village is Winnipeg's best neighbourhood

With grocery stores, coffee shops, plenty of park spaces and meeting places, right outside your door in Winnipeg's best neighbourhood, how can't you want to live at 24Seven Condos?

"It's a spectacular, central location," said Cornerstone Real Estate's Garry Hirsch, who's marketing the project with wife Debbie. "24seven is close to transit, restaurants, coffee shops and shops — and is just a short walk downtown to the MTS Centre and True North Square."

In short, 24seven will provide condo buyers with an unprecedented combination of lifestyle, location and luxury.

"If you feel like a glass of wine or dessert, a host of restaurants and coffee shops are literally right out your front door. And The Forks, MTC and CanWest Global Park are just minutes away on foot."

Then, there are the suites. Brand new one-bedroom suites start at \$209,990 including net GST, while two-bedroom, two-bathroom suites start at \$254,990.

Suites will feature nine-foot ceilings, huge windows, barn-style doors, in-suite laundry, massive closets and more. They'll also be exceptionally livable due to their logical layouts and quiet interiors.

Finishes — whether bronze series or upgraded to gold — will also be luxurious, said Garry.

"There's a great cross-section of beautiful finishes to choose from," he said. "Six appliances are included, as are features such as tri-pane windows, in-suite forced-air heating and cooling, 40-gallon hot water tank and your own spacious balcony."

Garry said now is the time to invest in a suite at 24seven.

"We've hardly advertised, yet the project is already 25 per cent sold," he said. "No other project offers such a great combination of location and lifestyle in a brand new building that features open, modern-concept suites packed with luxury and function. And no other project in Osborne Village offers the incredible,



CONTRIBUTED

overall value that 24seven does."

For more information on 24seven's perfect combination of location, lifestyle and luxury, see 24sevencondos.com, or call

Garry or Debbie Hirsch at 94CONDO (204) 942-6636 to book an appointment to view our display suites — Saturday and Sunday 1-4 p.m., or Thursday 6-8 p.m. Todd Lewys

Osborne Village Living! 247 River Ave

Now 25% Sold

Pre-Sale Incentives Available

24sevencondos.com

STARTING AT
\$209,990
INCLUDING NET GST
ONLY 5% DOWN

Come visit us at our display suites located at 369 Stradbroke Avenue in the widely popular Village Junction Condos.

These open concept one-bedroom + den and two-bedroom suites offer high quality finishes and modern designs.

24SEVEN is located in Canada's **BEST NEIGHBOURHOOD** — as voted by the Canadian Planning Institute.

24seven
condominiums

A PROJECT BY
VENTURA

FIND OUT MORE
Call 94.CONDO
Garry & Debbie Hirsch
Cornerstone Real Estate Inc.

Discover a new side of Charleswood

Charleswood is a community that's easy to fall in love with. Beautiful wildlife, incredible forest trails, growing families and unmistakable community spirit are the cornerstones of this landmark Winnipeg neighbourhood.

RidgeWood West, the first new large-scale Charleswood development in decades, promises to build on the rural charm that makes this community so special.

Having grown up in Charleswood, Frank Cotroneo of Artista Homes understands firsthand what makes this community so special, and why people have been waiting for an opportunity like this for years.

"There is a demand for living in Charleswood," he explains. "It's a nice tight-knit community with beautiful streets, mature trees and great parks. It has a great dynamic that attracts people — it's not exactly country living, but it's a unique lifestyle being a little bit away from the hustle and bustle of everything."

Similar to Sage Creek and other new

Qualico communities, RidgeWood West promises to be a rich tapestry of home sizes and styles. You can expect large estate homes backing onto mature forests, homes with walkout basements overlooking wetlands, as well as smaller lot sizes perfect for growing families.

The common thread in RidgeWood West is a clear connection to nature, as Qualico has taken great care in both preserving and enhancing the area's natural ecology.

"We brought out Native Plants Solutions and biologists from Ducks Unlimited to find out who lived there and how the human, plant and animal communities could co-exist," explains Eric Vogan of Qualico Communities. "The wildlife opportunities will remain a key feature of this neighbourhood. It will be wilder than many will expect, with the wetlands adding even more biodiversity."

Residents will get a front row view of the natural wonders around them, and also the opportunity to be fully immersed from a pedestrian standpoint. This new commun-



CONTRIBUTED

ity will provide extensive trails that link directly into the Harte Trail and the rest of Charleswood, offering new and exciting ways to explore the area.

With nine premium and custom builders to choose from, and a wide range of home

sites available now in Phase 1, Spring 2016 is the perfect time to begin planning your new home in RidgeWood West.

To learn more about living in RidgeWood West, contact Qualico Communities at (204) 254-9225 or info@ridgewoodwest.com.

RidgeWood WEST

At home
with nature



RidgeWood West offers a diverse range of home styles in a scenic setting of wetland vistas, graceful grasses, and extensive walking trails which connect with the Harte Trail.



CHARLESWOOD'S NEWEST COMMUNITY

Gorgeous home sites let you walk out onto a park or prairie wetland, and a number of sites back onto lush forest.

Years of careful planning have gone into this new Charleswood community, where you can enjoy nature while having the conveniences of city life just a stone's throw away.

JUST MINUTES AWAY:

- Harte Trail • Assiniboine Park
- Assiniboine Forest
- 5 schools within 5 kilometres
- Seasons of Tuxedo / IKEA



QUALICO
communities

CHOOSE YOUR HOME SITE NOW!

Talk to one of our participating builders today! ridgewoodwest.com

Winnipeg's home developer with heart

It's hard to believe that just 50 years ago, condominiums were a foreign concept to Winnipeg.

Enter Qualico. The visionary company, then called Quality Construction Co. Ltd., saw the need for a new kind of home ownership in the city.

In the late 1960s, Qualico introduced affordable homes for a previously underserved market — lower- to middle-income groups. At the time, these groups were the most impacted by a national housing shortage that was nearing a state of crisis.

Qualico's new product type allowed many to enter the housing market for the first time, making the pride of home ownership possible.

But it wasn't just affordability that would attract people to this new housing model. The design of these homes created a new social atmosphere, with common areas that fostered a sense of community among residents.

The demand for condos proved strong, naturally spurring competition in the indus-

try. Today the Winnipeg condo market has a healthy and commanding presence.

Qualico's multi-family division now operates under the name StreetSide Developments, developing properties and serving communities throughout Western Canada in Calgary, Edmonton, Vancouver and Winnipeg.

StreetSide has carved a presence for itself locally with landmark projects like Place Joseph Royal on Provencher Boulevard, Ship Street Village and District Condos in the Exchange District, as well as a multi-project commitment in Bridgwater Forest. As a result, StreetSide has become the leading new condominium builder in the city.

As for Qualico, the company's ability to sense housing trends and diversify its offerings helped it become one of Western Canada's largest fully integrated real estate companies, started right here in Winnipeg. It remains a family-run company headed out of Winnipeg, and recently celebrated 65 successful years in business.



CONTRIBUTED

Under its unwaveringly reliable and progressive parent company Qualico, StreetSide continues to create memorable housing for Winnipeggers.

StreetSide today is empowering owners to leverage their homes into long-term income generators, debuting an income suite opportunity in its two-storey Parkline Town-

homes in South Osborne — another first for Winnipeg.

In a 1969 interview about bringing condos to the market, Qualico's co-founder, Dr. David Friesen, made a statement that still rings true for the company: "We are progressive, we have clear objectives... we are looking optimistically to the future."

STREETSIDE
DEVELOPMENTS

QUALICO 65
YEARS OF BUILDING TOGETHER

REDEFINING HOME OWNERSHIP SINCE WINNIPEG
CONDOMINIUM CORPORATION NO. 1

Do your research before selling valuables

Mark Rzepka, president of Manitoba's largest gold buying network, Winnipeg Gold Buyer, knew he had to warn the public when he offered to purchase a customer's 14-karat gold watch for \$642 — and learned that the person had been offered just \$120 for the same watch by a travelling "road show."

"Over the last couple of weeks, a group came through the province with fancy advertising, offering to buy the public's jewellery, coins and other valuable items," he says. "It has been my experience that these travelling 'road shows' use slick marketing and high-pressure tactics but pay very poorly. In some cases, I have encountered people who were offered only 10 to 20 per cent of fair market value for their possessions."

Rzepka says his warning to the public is two-fold. First, such instances, he says, cast a bad light on his industry. Also, because gold and silver jewellery is bought based on its weight and karat, when road shows move on sellers have nowhere to turn once they realize they have been taken advantage of.

"There are many such operators, going under a variety of names, but they typically operate with the same unethical principles," he says. "Illegitimate road shows will set up outside of the city limits to avoid following the local by-laws. They do not take the identification of the sellers (to deter stolen goods) nor do they report their purchases to the police."

Instead, Rzepka recommends that anyone looking to sell his or her valuables do some research and find a local business with proper credentials that is both licensed and established with a physical storefront that pays fully, in cash.

"Remember that at all times these are your items, until you decide to part with them. Do not allow yourself to be pressured or coerced into selling something without ensuring you are dealing with a fair business," he says.

Winnipeg Gold Buyer has three locations where, says Rzepka, customers can feel secure in knowing they will receive the top cash price for their valuables, including jewellery, sterling silver items, old coins, bars and other valued collectibles.



ISTOCK

WE BUY GOLD AND SILVER

**WE PAY TOP DOLLAR FOR YOUR
UNWANTED JEWELLERY AND COINS**

**We Pay CASH
on the Spot**

*Winnipeg
Gold Buyer*

THREE LOCATIONS! 1147 Henderson Highway, 204-661-GOLD (4653)
628 St. Anne's Road, 204-233-GOLD (4653)
3127 Portage Avenue, 204-832-GOLD (4653)



winnipeggoldbuyer.com

MLB-worst Atlanta was mired in a 15-game home-run drought and had managed only three longballs in 2016 going into Wednesday's action



Top-three draft pick could change Jets' luck



VIEW FROM THE 300S

Andrew 'Hustler' Paterson

Canadian hockey fans across the country will be glued to their TV sets on Saturday night. Many will probably take in some of the playoff action, but that is not the reason for the appointment viewing.

The NHL Draft Lottery will take place on Saturday and with it comes franchise-changing possibilities for the seven Canadian teams who missed out on the Stanley Cup Playoffs.

The 2016 draft class is loaded and the winners of the lottery will find themselves with the pick of the crop of incredible talent.

In today's NHL, getting top players through the draft is crucial to a team's success. In the NHL's cap system, the greatest assets a team has are talented young players under team control for their first six-plus years in the NHL. It is increasingly difficult for teams to improve significantly through free agency, which raises the stakes for the draft and in turn, the luck of the draw at the lottery.

Significant changes have been made to the lottery over the past two seasons to prevent rewarding all-out tank



Top-ranked draft prospect Auston Matthews played for the ZSC Lions of the Swiss National League A this past season. FRESHFOCUS VIA ZUMA PRESS

jobs. For the first time, the top three selections will be subject to the lottery and there are three exceptional prospects awaiting those lucky teams who end up in the top three.

General managers have been drooling over American centre Auston Matthews and Finnish wingers Patrick Laine and Jesse Puljujarvi all season. These three consensus top picks will almost certainly go

20
The Toronto Maple Leafs have the best chance of landing the No. 1 draft pick at 20 per cent.

to the lucky teams who find themselves in the top three of the draft after Saturday's

proceedings. All three players have the potential to become franchise players for their new teams and will contribute in the NHL next season.

While there are many other strong NHL prospects in the draft, the reward for winning one of the three picks will be impactful to those lucky teams.

The Winnipeg Jets finished 25th overall last season and

enter the lottery with a 7.5 per cent chance of winning the top pick and just better than 23 per cent to win one of the top three selections. The Jets can draft as high as first and as low as ninth.

For the Jets, winning the lottery would mean adding a dominant centre in Matthews who would immediately change the Jets' look down the middle and give them major depth at the position, along with Mark Scheifele and Bryan Little. Winning the second or third pick would mean adding either Laine or Puljujarvi, who would fit right in to the top six and strengthen the Jets' attack up front for years to come.

The Jets did have a little luck earlier this week when the Chicago Blackhawks were bounced from the playoffs by St. Louis. The first-round pick acquired from the Hawks in the Andrew Ladd trade improved to either 22 or 23 after Chicago's first-round exit.

With a little more luck, the Jets might be able to welcome a new franchise player to the fold in June thanks to the lottery this weekend.

Grab your lucky charms and invoke all the positive karma you can. A win on Saturday could make up for every loss on the ice last year and then some.

IN BRIEF

Darvish scheduled for two innings in rehab start

Texas Rangers ace Yu Darvish is scheduled to pitch Sunday in his first minor-league rehab start since Tommy John surgery more than 13 months ago.

The Rangers say Darvish will pitch for Double-A Frisco in its home game against Corpus Christi. Darvish will go two innings or about 30 pitches.

THE ASSOCIATED PRESS

Atletico Madrid takes first leg over Bayern Munich

An early goal by youngster Saul Niguez gave Atletico Madrid a gritty 1-0 victory over Bayern Munich in the first leg of their Champions League semifinal on Wednesday in Madrid.

The 21-year-old Niguez cleared three defenders before entering the area and hitting a low, well-placed shot into the far corner in the 11th minute.

THE ASSOCIATED PRESS

Olympic flame passed off to Rio Games organizers

The Olympic flame was handed to organizers of the Rio de Janeiro Games in Athens on Wednesday, 100 days before the opening ceremony in Brazil.

Dressed as a high priestess, actress Katerina Lehou led the brief ceremony at the Panathenian Stadium, a horseshoe-shaped marble venue where the first modern Olympics were held in 1896.

THE ASSOCIATED PRESS

CFL

Bombers offensive line motivated to help Willy 'do his job'

Success in the CFL starts with the quarterback, but you can't forget the group that lays the foundation.

Blue Bombers quarterback Drew Willy needs to stay upright this year after suffering a season-ending knee injury last August, and his offensive line is motivated to make that happen.

"We've got to protect that guy," left tackle Stanley Bryant said Wednesday after the Bombers wrapped up their three-day mini-camp for offensive players.

"If we're not protecting him, then he can't do his job. If he's

"I think the group will be way better because now we're getting a head start on other teams."

Stanley Bryant

not doing his job, he's not going to make us look good and we're not going to make him look good."

The offensive line at the mini-

camp featured familiar faces from last year, with four starters on the field: Bryant, centre Matthias Goossen, right guard Sukh Chungh and right tackle Patrick Neufeld. Left guard Jace Daniels didn't participate because he's still recovering from ankle surgery.

Critics would say keeping that unit intact might not be a good idea, considering last year's 5-13 squad gave up the second-most sacks in the league (59). The offence was also fifth for rushing yards and seventh in passing, which got worse after

Willy's injury and his inconsistent replacements.

Head coach Mike O'Shea said he wasn't pinning that high sack total on the offensive line, claiming the entire offence played a role.

"To me, continuity on the O-line is extremely important," he said. "So the question, why are they going to be better? Because they're going to have another year with (offensive line coach) Bob (Wylie) and they're going to be possibly put in a different situation a lot of times."

THE CANADIAN PRESS



The Bombers are hoping that their returning offensive line-men will fare better in protect Drew Willy. GETTY IMAGES FILE

RECIPE Grilled Shrimp Guacamole Salad



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

We think any recipe that has guacamole in the title rates high, but if it also features shrimp and comes together in a snap then we call that one a winner.

Ready in
Prep time: 10 minutes
Cook time: 10 minutes

Ingredients
• 200g raw shrimp
• Olive oil
• Salad leaves
• 1 avocado, diced
• Handful of cherry tomatoes, cut in half
• Cilantro, chopped to garnish

For the dressing:
• Juice of 1 lime
• 1 tbsp extra virgin olive oil
• ½ clove garlic, crushed
• 1 jalapeno pepper, diced (optional, if you like a bit of heat)
• Salt and pepper

Directions
1. Toss the shrimp in a little bit of olive oil and salt and pepper. Either put the shrimp on skewers and place on a hot barbecue grill, or put a cast iron griddle on the barbecue and cook the shrimp in the hot pan. For both methods, cook the shrimp for only a minute or so on each side – just until the shrimp is pink. Set aside while you make the salad.
2. Artfully arrange the salad leaves, avocado, and tomatoes on a plate – it'll taste the same either way, really. Whisk the dressing ingredients together and season to taste. Drizzle dressing over salad and put shrimp on top. Garnish with the fresh coriander.

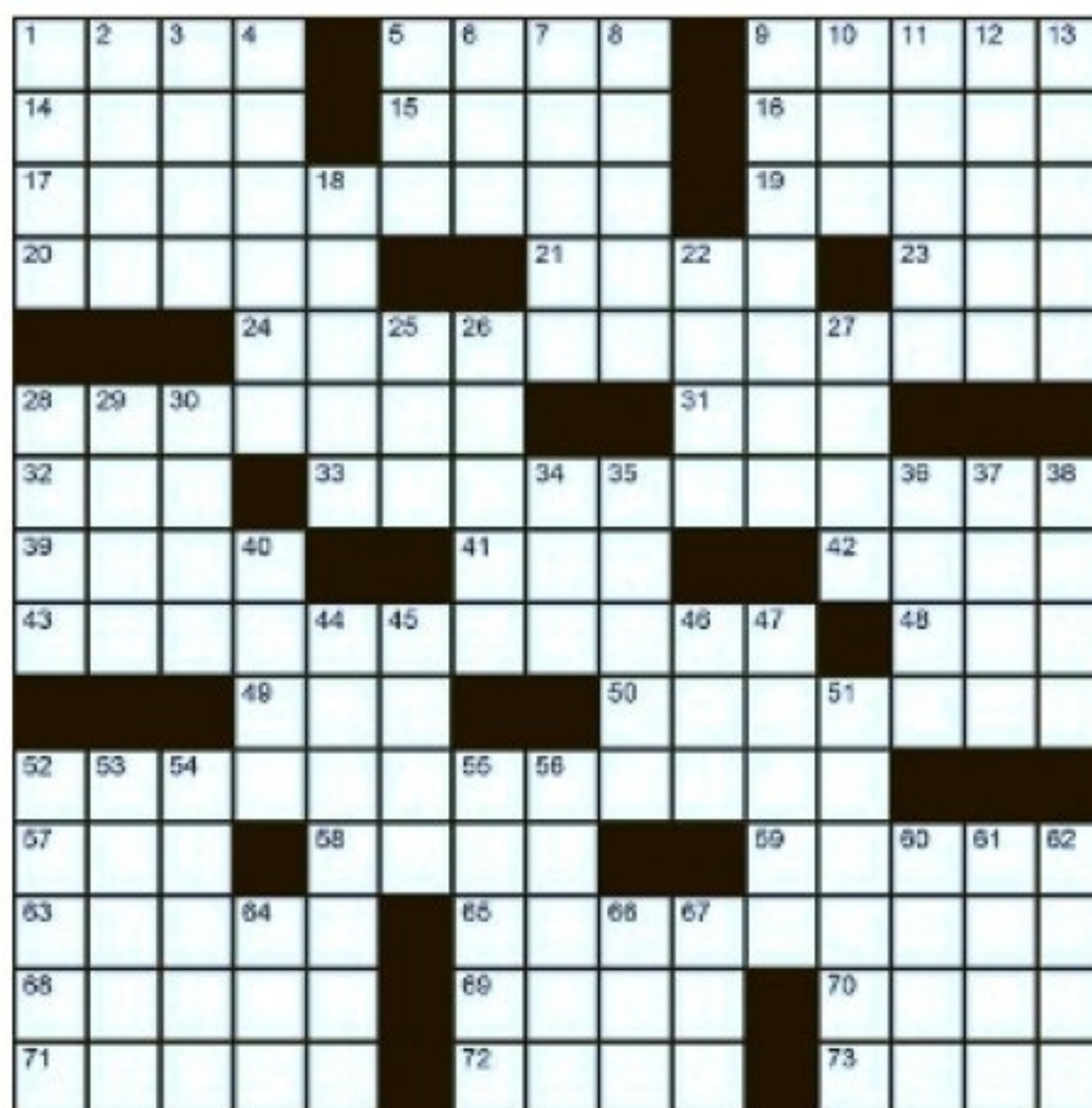
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Spouse
5. Show snippet
9. Mr. Potato Head stick-ons
14. Panache
15. Drove
16. Spiritless, to Shakespeare
17. The Guess Who's 'tart' tune: 2 wds.
19. Brian Bowman's job in Winnipeg
20. Bristly hairs
21. Jai _
23. Can. borderer
24. As per #33-Across... Composer of 1875 opera Carmen: 2 wds.
28. "The Fresh Prince of Bel-Air" star Alfonso
31. Sportily succeed
32. 'Meth' suffix
33. The Canadian Opera Company's production of Carmen is currently on stage at the _ Centre for the Performing Arts, in Toronto
39. Belonging to the Pittsburgh Steelers org.
41. -Fi's front
42. Me, she or him [abbr.]
43. Gleaming bird of prey: 2 wds.
48. Parisian summer
49. Prefix to 'culture' (Beekeeping)
50. As per #24-Across... French author of the novella Carmen on which the famous opera is based, Prosper _ (b.1803 - d.1870)
52. Backyard furniture



57. Ms. Ortiz
58. Part
59. Bay window
63. David's Goliath-slaying weapon
65. Siren sounder
68. Madonna's "Evita" (1996) role, Eva _
69. Fleck

70. Genuine
71. Retailer's establishment
72. Built-up talk
73. Thailand neighbour

DOWN

1. Clutter
2. _ vera
3. Pulled tightly
4. Anger
5. Grand _ (Wine classification)
6. Law, in Laval
7. Luggage's 'label': 2 wds.

8. 16th-century English dramatist George
9. Country in southwest Africa where Windhoek is the capital city
10. Granny: German
11. Russian spacecraft
12. Irregularly edged
13. Fender guitar,

- familiarly
18. " _ _ I care!" (Go ahead!)
22. "Even _ _ speak..."
25. Gold: Spanish
26. Awaken
27. Clouseau's li'l rank
28. Called
29. Data
30. Canadian telecom company
34. Elvis' label
35. 18th Greek letter
36. City near Provo, Utah
37. Memo
38. Snick-or- _
40. Mount Rushmore state, _ _
44. Table centerpiece with tiered bowls
45. Robert De _
46. Floral necklace
47. Mr. Flynn
51. Canadian newspapers/TV magnate Mr. Asper (b.1932 - d.2003)
52. Bee-ish bugs
53. Cove
54. Setting in 'The Mummy' flicks
55. Wear florals with checks, perhaps
56. Like health store 'hearts'
60. Early person of Peru
61. Canyon lingerer
62. Permits
64. Hide _ hair
66. Jazz style
67. Sport- _ (All-purpose vehicle)

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Warning! Your relations with authority figures — bosses, VIPs, parents and teachers plus the police — will have some surprises and possible conflicts today. Tread carefully.

Taurus April 21 - May 21
Travel plans will be cancelled, delayed or rescheduled today. Surprise news might affect you, especially regarding publishing, legal or medical matters. School plans might be rescheduled.

Gemini May 22 - June 21
Make sure that you know what's happening with inheritances, insurance issues and anything regarding shared property, because something unexpected will impact these areas today.

Cancer June 22 - July 23
Relations with partners and close friends are a bit dicey today. Someone might demand more freedom in the relationship. Or this person might surprise you in a different way. Be ready for something unexpected.

Leo July 24 - Aug. 23
Your work routine will be interrupted because of computer crashes, canceled meetings, staff shortages or broken equipment. Allow extra time for wiggle room to deal with this.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your kids or children you work with; therefore be wise and be extra vigilant. Social occasions and sports are also subject to cancellations and accidents.

Libra Sept. 24 - Oct. 23
Small appliances might break down today or minor breakages at home could occur because something will interrupt your daily routine. Likewise be patient with sudden requests from family members.

Scorpio Oct. 24 - Nov. 22
This is an accident-prone day for your sign, so pay attention to everything you say and do. Be alert. (The world needs more people who are alert.)

Sagittarius Nov. 23 - Dec. 21
You might find money today; you might lose money. Keep an eye on your possessions as well, because this is an unpredictable day.

Capricorn Dec. 22 - Jan. 20
It's a crapshoot today. The Moon is in your sign, dancing with wild, wacky Uranus. This might make you obsessed with something unusual. (Lighten up.)

Aquarius Jan. 21 - Feb. 19
You will feel restless today. Don't worry about this, because many people feel this way today. Fear not; this feeling is gone by tomorrow.

Pisces Feb. 20 - March 20
A friend might say or do something that surprises you. Alternatively, you might meet someone who is a real character, because this is not a boring day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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RECYCLE SOMETHING NEW

When you're finished putting ketchup on everything you eat, do you throw it in the blue bin?



YES!

MMSM
Multi-Material
Stewardship Manitoba
INDUSTRY FUNDING RECYCLING

#KnowYourRecyclables

To find out more about MMSM and what you can and can't recycle, visit **simplyrecycle.ca**

